




Seedballs

Create **Seedballs** to toss into a space that could use some beautiful pollinator plants.
Check that you have permission, before you toss!



Ingredients

- 
- 1/4 cup of flour,
 - 1/2 cup compost/potting soil
 - 1/4 tsp seed – native or suitable annual flowers (See below)
 - Recycled container for mixing (bag or yogurt container)
 - 6 tsp. of water (approximate)



Equipment

- A container for mixing (recycled yogurt container or empty bread or milk bag)
- Plastic measuring scoops/measures 1/2 cup, 1/4 cup, 1 tsp, 1/2 tsp
- A "take away" container or tray to hold balls while they dry
- Water
- Wax or Parchment paper for drying the seed balls
- Recycled bread bags (to use as gloves) or vinyl gloves, if preferred to mix rather than bare hands



Method

1. Measure out 1/2 cup of compost into your container and mix in 1/4 cup of flour. Stir in 1/4 tsp of seeds and mix well. Mix in the bag or container by shaking or stirring.
2. Stir in 1 tsp. of water and mix first with a stick and then by kneading it gently in the bag (or use hands/gloves). Continue mixing until the mixture can be formed into a ball.
3. Divide and roll into 8-10 seedballs (the teaspoon measure can be used to measure the size)
4. Put the balls on a tray or take-away container and leave to air dry for at least a day
5. Leave balls 2 -3 days in a dry, ventilated area.
6. The seedballs can be put, dropped or thrown onto the area being seeded. If thrown, flour seedballs are more likely to break up on impact with the soil than those coated in clay and are best thrown immediately after a shower or when rain is expected.

